

Safety and security of the children in the school and in community at large in the present environment: With respect to 'Girl Child Safety Awareness & Psychological Preparation for Prevention against Sexual Abuse'

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Girls irrespective of age are the most vulnerable to sexual abuses. Each single day, day in day out; you get to hear, see, read and feel our little girls being exploited and molested in the school, at work place, on the road, in the bus, on the field and inside the very four walls of her own so called home.

The word 'mother' is one potent compelling force, who if determined can for sure considerably cut down such incidents to a very great degree. No one can be as protective as a mother. She has to teach the kids to be safe without making them scared right from the beginning. Child's safety always begins at Home. Mothers should resolute and not forget the 5 'Ps' even while she is sleeping- to Prevent, Prepare and Protect her baby from Perverts and Predators. Mothers in the simplest of the terms should explain her child the difference between safe and unsafe touches. She should develop a bond with her kids where they do not hide or keep any secret from her and share until the child develops the analytical abilities.

Let us not be in a denial mode mothers! and accept that children are more likely to be harmed by someone they know than by a stranger. Anyone can be a child molester - a neighbour, a relative, a family friend and even another child. Mothers have to be farsighted and intuitive.

Factors responsible for the increasing sexual abuses:

- Breakdown of the family value system
- Degradation of family values
- Disharmony among parents
- Substance abuse
- Domestic violence.

The demand of financial security pushes both the parents towards concentrating on career and compromising on the safety of their children. The negligence and casual attitude of parents, their seeking of personal space and more individualistic attitude by the families, attributes to creating unsafe

environment for children. Portrayal of violence on television media, availability of indecent content on internet also adds to the cause.

Remember to teach them in plain words that:

- Only and only her Biological Father and her Biological Brother is her real relation, rest is one BIG MIRAGE
- Do not have blind faith in: Uncles, Cousins, Brother's friend, Father's friend, made brothers, neighbors, driver bhaiyya and mali uncles etc. etc. etc.

Take care of your baby. You have brought her to the world. Her safety is paramount and is your responsibility altogether.